

# CRUISE PLASTIC SURGERY

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## Medications to Avoid

If you are taking any medications on this list, they should be discontinued 2 weeks prior to surgery and only acetaminophen products, such as Tylenol, should be taken for pain. All other medications – prescriptions, over-the-counter and herbal – that you are currently taking must be specifically cleared by Dr. Cruise prior to surgery. It is absolutely necessary that all of your current medications be specifically cleared by Dr. Cruise and the nursing staff.

### Aspirin Medications to Avoid

*Affect blood clotting.*

4-Way Cold Tabs	Cama Arthritis Pain Reliever	Kaodene	Phenaphen/Codeine #3
5-Aminosalicylic Acid	Carisoprodol Compound	Lanorinal	Pink Bismuth
Acetilsalicylic Acid	Cataflam	Ibuprohm	Piroxicam
Actron	Cheracol	Lodine	Propoxyphene Compound products
Adprin-B products	Choline Magnesium	Lortab ASA	Robaxisal
Aleve	Trisaliclylate	Magan	Rowasa
Alka-Seltzer products	Choline Salicylate	Magnaprin products	Roxeprin
Amigesic Argesic-SA	Cope	Magnesium Salicylate	Saleto products
Anacin products	Coricidin	Magsal	Salflex
Anexsia w/Codeine	Cortisone Medications	Marnal	Salicylate products
Arthra-G	Damason-P	Marthritic	Salsalate
Arthritis products	Darvon Compound-65	Mefenamic Acid	Salsitab
Arthritis Foundation products	Darvon/ASA	Meprobamate	Scot-Tussin Original 5-Action
Arthritis Pain Formula	Diclofenac	Mesalamine	Sine-off
Arthritis Strength BC Powder	Dipenturn	Methocarbarnol	Sinutab
Arthropan	Disalcid	Micrainin	Sodium Salicylate
ASA	Doan's products	Mobidin	Sodol Compound
Asacol	Dolobid	Mobigesic	Soma Compound
Ascriptin products	Dristan	Momentum	St. Joseph Aspirin
Aspergum	Duragesic	Mono-Gesic	Sulfasalazine
Asprimox products	Easprin	Motrin products	Supac
Axotal	Ecotrin products	Naprelan	Suprax
Azdone	Empirin products	Naproxen	Synalgos-DC
Azulfidine products	Equagesic	Night-Time Effervescent Cold	Talwin
B-A-C	Etodolac	Norgesic products	Triaminicin
Backache Maximum Strength Relief	Excedrin products	Norwich products	Tricosal
Bayer Products	Fiorinal products	Olsalazine	Trilisate
BC Powder	Flurbiprofen	Orphengesic products	Tussanil DH
Bismatrol products	Gelpirin	Orudis products	Tussirex products
Buffered Aspirin	Genprin	Oxycodonc	Ursinus-Inlay
Bufferin products	Gensan	Pabalate products	Vanquish
Buffetis 11	Goody's Extra Strength Headache Powders	P-A-C	Wesprin
Buffex	Headache Powders	Pain Reliever Tabs	Willow Bark products
Butal/ASA/Caff	Halfprin products	Panasal	Zorprin
Butalbital Compound	IBU	Pentasa	
	Indomethacin products	Pepto-Bismol	
	Isollyl Improved	Percodan products	

### Ibuprofen Medications to Avoid

*Affect blood clotting.*

Acular (ophthalmic)	Haltran	Nabumetone	Rhinocaps
Advil products	Indochron E-R	Nalfon products	Sine-Aid products
Anaprox products	Indocin products	Naprosyn products	Sulindac
Ansaid	Ketoprofen	Naprox X	Suprofen
Clinoril	Ketorolac	Nuprin	Tolectin products
Daypro	Ibuprin	Ocufen (ophthalmic)	Tolmetin
Dimetapp Sinus	Ibuprofen	Oruvail	Toradol
Dristan Sinus	Meclofenamate	Oxaprozin	Voltaren
Feldene	Meclomen	Ponstel	
Fenoprofen	Menadol	Profenal	
Genpril	Midol-products	Relafen	

### Avoid ALL Diet Aids – Including Over-the-Counter & Herbal

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*Intensify anesthesia, serious cardiovascular effects.*

## **Tricyclic Antidepressants to Avoid**

*Intensify anesthesia, cardiovascular effects.*

Adapin	Doxepin	Maprotiline	Tofranil
Amitriptyline	Elavil	Norpramin	Triavil
Amoxapine	Endep	Nortriptyline	Trimipramine
Anafranil	Etrafon products	Pamelor	Vivactil
Asendin	Imipramine	Pertofrane	
Aventyl	Janimine	Protriptyline	
Clomipramine	Limbitrol products	Sinequan	
Desipramine	Ludiomil	Surmontil	

## **Other Medication to Avoid**

*Affect blood clotting.*

4-Way w/ Codeine	Dicumerol	Miradon	Stelazine
A.C.A.	Dipyridamole	Opasal	Sulfipyrazone
A-A Compound	Doxycycline	Pan-PAC	Tenuate
Accutrim	Emagrin	Pentoxifylline	Tenuate Dospan
Actifed	Enoxaparin injection	Persantine	Thorazine
Anexsia	Flagyl	Phenylpropanolamine	Ticlid
Anisindione	Fragmin injection	Prednisone	Ticlopidine
Anturane	Furadantin	Protarnine	Trental
Arthritis Bufferin	Garlic	Pyrroxate	Ursinus
BC Tablets	Heparin	Ru-Tuss	Virbamycin
Childrens Advil	Hydrocortisone	Salatin	Vitamin E
Clinoril C	Isollyl	Sinex	Warfarin
Contac	Lovenox injection	Sofarin	
Coumadin	Macrofantin	Soltice	
Dalteparin injection	Mellaril	Sparine	

## **Vitamins and Herbs to Avoid**

*Affect blood clotting, affect blood sugar, increase or decrease the strength of anesthesia, rapid heartbeat, high blood pressure, liver damage. Note: Just because it is not of this list does not mean that it is safe to take while preparing for surgery.*

Ackee fruit	Devil's club	Goldenseal	Muwort
Alfalfa	Dong Quai root	Gotu Kola	Nem seed oil
Aloe	Echinacea	Grape seed	Onions
Argimony	Ephedra	Guarana	Papaya
Barley	Eucalyptus	Guayusa	Periwinkle
Bilberry	Fenugreek seeds	Hawthorn	Selenium
Bitter melon	Feverfew	Horse Chestnut	St. John's Wort
Burdock root	Fo-ti	Juniper	Valerian/Valerian Root
Carrot oil	Garlic	Kava Kava	"The natural Viagra®"
Cayenne	Ginger	Lavender	Vitamin E
Chamomile	Ginkgo	Lemon verbena	Willow bark
Chromium	Ginkgo biloba	Licorice root	Yellow root
Coriander	Ginseng	Ma Huang	Yohimbe
Dandelion root	Gmena	Melatonin	

If you are taking anything not on this list, please call the office at 949-644-4808 to notify us and make sure that it is okay.